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Girl Scout Badge Programs

Anderson Dance Academy offers both:

Four Week Badge Programs & One Day Badge Program

Programs & classes can be designed for one troop or several troops combined. The troop leaders will be involved with ADA in the decision making of actual activities and final demonstration plans for the four week programs.

One Day (Two Hour) Badge Program (offered onsite or at your location)

For groups of 10-15 * \$16.00 per girl

For groups of 16-24 * \$14.00 per girl

For groups of 25+ * \$11.00 per girl

Classes can be focused on: Dance (see themes below), Fitness, Healthier You and Stress Less (see descriptions below)

Four Week Badge Programs (offered onsite or at your location) (one hour each week)

For groups of 10-15 * \$25.00 per girl

For groups of 16-24 * \$23.00 per girl

For groups of 25+ * \$18.00 per girl

Classes can be focused on: Dance (see themes below), Fitness, Healthier You and Stress Less (see descriptions below)

Badge Program Options (Pick one Badge per Session)

Dance Badge

Each Theme will include history and education of the style of dance, proper warm up and stretching, instruction of basic dance skills and a combinations and/or dance routine. We will wrap up each session with a performance for friends and family.

Possible Themes:

Ballet & Tap

Jazz & Hip Hop

Dance Through the Decades

Party Dance & Ballroom

Dance Around the World

Fun & Fit Badge

This session will include education of the importance of fitness for the body and overall health and will include warm ups, stretching, conditioning, various exercises /obstacle courses, aerobic and non-aerobic. We will wrap up this session with a fitness contest!

A Healthier You Badge & Stress Less Badges (2 weeks for each badge)

Healthier You Badge

This session will include nutrition & exercise education, with activities ranging from preparing healthy foods to volunteering with different organizations to bring awareness to their health issue.

Stress Less Badge

This session will include education on how to lower stress levels through writing, music, relaxation, yoga, breathing, etc.